

LUNCH WEEK 1 MENU



MAIN EVENT

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers | Mild Chicken Curry with Whole Grain Rice | Sausages with Mashed Potatoes and Gravy | BBQ Drizzle Pizza with Baked Potato Wedges | Golden Fish Fingers or Salmon Fingers with Chips |



MEAT-FREE MAGIC Vegetarian Dish

| | | | | |
|---|---|--|--|-------------------------------------|
| Sweet Chilli Vegetable Stir Fry with Whole Grain Rice | Sweet Potato & Chickpea Balti with Whole Grain Rice | Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy | Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice | Golden Vegetable Fingers with Chips |
|---|---|--|--|-------------------------------------|



RAINBOW ALLEY Vegetables and Salads

| | | | | |
|-------------|-------------|----------|------|-------------|
| Mixed Salad | Green Beans | Broccoli | Peas | Baked Beans |
|-------------|-------------|----------|------|-------------|

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY Pudding

| | | | | |
|---------------------------|----------------------|--|---------------|-------------------|
| Toffee Sponge and Custard | Jelly & Fruit Slices | Tropical Pineapple Crumble and Custard | Orange Cookie | Vanilla Ice Cream |
|---------------------------|----------------------|--|---------------|-------------------|

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

LUNCH WEEK 2 MENU



MAIN EVENT

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|-----------------------------------|--------------------------------------|
| All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans | Pizza Margherita with Baked Potato Wedges | Roast Chicken with Roast Potatoes and Gravy | Chicken Chow Mein (Noodles) | Golden Fish Fingers with Chips |



MEAT-FREE MAGIC Vegetarian Dish

| | | | | |
|--|--|---|---|--|
| All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans | Cheesy Sweetcorn Pizza with Baked Potato Wedges | Quorn Roast with Roast Potatoes and Gravy | Mexican Bean Wrap with Whole Grain Rice | Golden Vegetable Fingers with Chips |
|--|--|---|---|--|



RAINBOW ALLEY Vegetables and Salads

| | | | | |
|---|-------------|---------|-----------|-------------|
| Baked Beans | Green Salad | Carrots | Sweetcorn | Baked Beans |
| <i>Daily salad bowl and freshly baked bread available every day</i> | | | | |



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY Pudding

| | | | | |
|---|-----------------------|------------------------------|-----------------|----------------------|
| Banana Sponge Cake and Custard | Jammy Crumble Bars | Apple Crumble and Custard | Orange Jelly | Vanilla Ice Cream |
| <i>Cut fruit, yoghurt and jelly available every day</i> | | | | |

LUNCH WEEK 3 MENU



MAIN EVENT

MONDAY
Hot Dog
with Baked Potato
Wedges

TUESDAY
Tomato & Roasted
Vegetable Pasta
Bake

WEDNESDAY
Roast Gammon
with Roast Potatoes
and Gravy

THURSDAY
Pizza Day!
Veggie Supreme
Pizza with Baked
Potato Wedges

FRIDAY
Golden Fish
Fingers
with Chips



MEAT-FREE MAGIC Vegetarian Dish

Vegetarian
Shepherd's Pie

Mixed Vegetable
Korma with
Whole Grain Rice

Quorn Roast
with Roast Potatoes
and Gravy

BBQ Drizzle
Pizza with Baked
Potato Wedges

Golden Vegetable
Fingers
with Chips



RAINBOW ALLEY Vegetables and Salads

Green Beans

Broccoli

Carrots

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY Pudding

Watermelon
Wedge

Chocolate Crunch
and Custard

Oaty Apple
Crunch Slice

Strawberry
Jelly

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day